



Steps for Planning Your Journey

1. Schedule Trip:

Contact Nick Costello at 312-952-4855 to set the arrival and departure dates of your journey. This will ensure your visit will coincide with the most optimum circumstances for you and HEAL missionaries in Nigeria.

2. Calculate Cost:

HEAL covers your room, board, and ground transportation. You are responsible for airfare, travel insurance, immunizations, and visa fees. Trip budget may vary depending on circumstances but the total cost should not exceed \$5,000 USD.

3. Find Sponsor:

Inquire whether your school, Church, or employer organizes and finances mission trips. Or, raise funds from family, friends, or Church members who can help you.

4. Obtain Passport and Visa:

Visit [Sameday Passport](#) to expedite your passport and visa approval. Or, obtain your passport through the [U.S. State Department](#) and your visa at the [Nigerian Embassy](#) in Washington D.C.

5. Obtain Immunizations:

Visit [Passport Health](#) to arrange for the proper immunizations for travel to Nigeria. Passport Health also provides passport and visa services.

6. Travel Insurance:

Visit [Passport Health](#) to select from among several travel insurance plans to give you peace of mind on your mission trip.

7. Finalize Plans:

Book your flight and contact us at 312-952-4855 to coordinate for your arrival and transportation from the airport in Lagos, Nigeria.